Physical Therapist Assistant

The Physical Therapist Assistant program is accredited by the Commission on Accreditation in Physical Therapy Education. It is designed to prepare the graduate to work under the supervision of a physical therapist to treat disabilities resulting from birth defects, disease, or injury. Physical therapy helps the patient to develop strength, mobility, coordination, and skills needed to manage pain. Physical Therapist Assistant is a licensed profession. In order to meet licensure requirements, the student must graduate from an accredited program and successfully pass a National Examination for licensure in the state in which they will practice. Successful completion of the program provides graduates with the educational requirements necessary to take the national licensing examinations for physical therapist assistants.

Students are provided hands-on experience in exercise, physical agents, and other therapeutic techniques in actual practice at Sports Medicine and Physical Therapy at the University, local hospitals, rehabilitation facilities, skilled care facilities, and outpatient clinics. They will work with physical therapists and physical therapist assistants performing therapeutic techniques and carrying out the patient’s physical therapy plan of care. While the regular semesters will utilize classroom, laboratory and clinical education experiences, the final summer semester requires two full-time, six-week internships at two separate facilities away from the University campus. In accordance with Federal and State guidelines, the clinical sites will require proof of the following: vaccination for measles, mumps, and rubella, varicella, tetanus, TB, and Hepatitis B, flu vaccine, current CPR card, and proof of completion of HIPAA and blood borne pathogens training as well as a criminal background check and drug screening.

A minimum grade of C for all physical therapist assistant courses is required to maintain enrollment in the Physical Therapist Assistant program. Physical Therapist Assistant courses are taught one time in an academic year. A student who fails a course (or drops out of the physical therapist assistant sequence) must reapply to the Physical Therapist Assistant program.

The program is served by an advisory committee made up of practicing physical therapists, physical therapist assistants, students and educators who provide expertise to assure a curriculum which will prepare graduates to meet the physical therapy needs of the public.

Increasing numbers of elderly and chronically ill persons and the rapid expansion of health care programs in both urban and rural areas have created a demand for physical therapy personnel. Employment opportunities are available in hospitals, rehabilitation centers, extended care facilities, outpatient clinics and schools. Physical therapy provides a unique service and requires a close interpersonal relationship with the patient.

To be considered for enrollment into the Physical Therapist Assistant program, prospective students must first obtain admission into the University. A program application is required and should be submitted by the posted deadline at the beginning of the spring semester for entry the following fall. Classes are admitted only in the fall semester.

The Physical Therapist Assistant program has Linkage Agreements with Southeastern Illinois College, Rend Lake College, John A. Logan College, Frontier College, Lakeland College, Southeast Missouri State University, Olney College, Wabash Valley College, and Shawnee College. If you have questions about a linkage agreement, please contact the appropriate Community College advisor or SIU’s School of Allied Health at (618) 453-7172.
## Associate in Applied Science Degree in Physical Therapist Assistant, College of Applied Sciences and Arts

<table>
<thead>
<tr>
<th>Degree Requirements</th>
<th>Credit Hours</th>
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<tbody>
<tr>
<td>Requirements for Major in Physical Therapist Assistant</td>
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<tr>
<td>ZOOL 115, AH 241 or PHSL 201 and PHSL 208</td>
<td>7</td>
</tr>
<tr>
<td>PSYC 102</td>
<td>3</td>
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<tr>
<td>ENGL 101</td>
<td>3</td>
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<td>CMST 101</td>
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<td>AH 105</td>
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<td>HED 334</td>
<td>3</td>
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<tr>
<td>KIN 320 and KIN 321</td>
<td>6</td>
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<tr>
<td>PSYC 301, or PSYC 303, or PSYC 304, or PSYC 305</td>
<td>3</td>
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<tr>
<td>PTH 107, PTH 123A*, PTH 123B*, PTH 203, PTH 204, PTH 205, PTH 207, PTH 210A*, PTH 210B*, PTH 212A*, PTH 212B*, PTH 220A*, PTH 220B*, PTH 230A*, PTH 230B*, PTH 233A*, PTH 233B*, PTH 234, PTH 321A#, PTH 321B#, PTH 322</td>
<td>43</td>
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<tr>
<td>Total</td>
<td>73</td>
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1 A minimum of C/Pass is required in all PTH courses. * A and B are co-requisites. They must be taken together and completed with a minimum grade of C/Pass. # A is a prerequisite to B. A must be successfully completed with a minimum grade of C before the student can progress to the B sequence internship.

AH 241: may substitute PHSL 201/PHSL 208.
PSYC 301: may substitute PSYC 303, PSYC 304, or PSYC 305.
PTH 207 must be taken before KIN 321.
KIN 320 and/or KIN 321 may be taken summer after first year in program.
PTH 203 and PTH 205 can be moved up a year.
AH 241 must be taken before KIN 320.
C or better in all PTH classes.
Residency Requirement: 15 semester hours.
AAS Degree: 60 semester hours required.

### Physical Therapist Assistant Courses

**PTH107 - Introduction to PT**

107-3 Introduction to Physical Therapy Practice and Procedures. Students will be introduced to the historical background, professional, ethical, and legal aspects of the physical
therapy profession, as well as the relationship of physical therapy to total health care. Restricted to PTH majors.

**PTH123A - Physical Agents I Theory** 123A-2 Physical Agents I Theory. Students will be able to describe the theories and physiological effects of physical therapy interventions such as superficial and deep heat, cryotherapy, hydrotherapy, massage and laser therapy. Co-requisite: PTH 123B. Restricted to PTH majors. $16 to cover expenses associated with equipment maintenance and accreditation.

**PTH123B - Physical Agents I Application** 123B-1 Physical Agents I Application. Students will be able to safely and effectively apply physical therapy interventions such as superficial and deep heat, cryotherapy, hydrotherapy, massage, and laser therapy. Co-requisite: PTH 123A. Restricted to PTH majors. Lab fee: $10.

**PTH199 - Independent Study** 199-1 to 10 Independent Study. Provides first year students with the opportunity to develop a special program of study to fit a particular need not met by other offerings. Enrollment provides access to program and clinical resources. Each student will work under the supervision of a faculty or staff member. Restricted to PTH majors. Special approval needed from the instructor.

**PTH203 - Pathology** 203-2 Pathology. Students will be able to describe the fundamental basis of diseases including inflammation, cardiovascular diseases, vascular diseases, orthopedic conditions, repair of bone and soft tissue injuries. Emphasis is placed on those conditions treated through physical therapy interventions. Prerequisite: AH 241 or PHSL 201 and 208. Restricted to PTH majors.

**PTH204 - Practicum I** 204-2 Physical Therapist Assistant Practicum I. Students will be able to carry out routine physical therapy interventions with select patients. They will be able to demonstrate skill in the application of heat, cold, radiant energy, range of motion, therapeutic exercise, activities of daily living, hydrotherapy and massage. Students will also assist in maintaining records and equipment. Course includes clinical experience. Prerequisites: PTH 107 and PTH 123A with a minimum grade of C and PTH 123B with a pass. Restricted to PTH majors.

**PTH205 - Physical Therapy Science** 205-2 Physical Therapy Science. Students will be able to describe selected medical and surgical conditions from the stand point of etiology, clinical signs and symptoms, and their impact on physical therapy interventions. Prerequisite: AH 241 or PHSL 201 and 208. Restricted to PTH majors.

**PTH207 - Human Anatomy** 207-3 Human Neuromusculoskeletal Anatomy. Students will be able to describe and identify the structure, function, and integration of the component parts of the skeletal, muscular, and nervous systems of the human body.

**PTH210A - Intro Ther Exercise Theory** 210A-2 Introduction to Therapeutic Exercise Theory. This course is an introduction to therapeutic exercise theory. Students will apply basic neuroanatomy and theoretical concepts related to therapeutic exercise and identify treatment interventions and special tests associated with specific orthopedic conditions. Co-requisite: PTH 210B. Prerequisite: PTH 207 with a minimum grade of C. Restricted to PTH majors.

**PTH210B - Intro Ther Exercise Application** 210B-1 Introduction to Therapeutic Exercise Application. This course is an introduction to therapeutic exercise application. Students will be able to palpate anatomical landmarks, perform length tests and manual muscle tests to individual muscles and muscle groups. Students will also learn to select, instruct, and perform exercises to improve flexibility and muscle performance. Co-requisite: PTH 210A. Prerequisite: PTH 207 with a minimum grade of C. Restricted to PTH majors. Lab fee: $7.

**PTH212A - Physical Rehab Theory** 212A-3 Physical Rehabilitative Theory. Students will be able to understand and explain the need for and concepts involved in physical rehabilitation interventions that assist patients in obtaining a state of optimal function. Co-requisite: PTH 212B. Restricted to PTH majors. $16 to cover expenses associated with equipment maintenance and accreditation.

**PTH212B - Physical Rehab Application** 212B-1 Physical Rehabilitative Application. Students will be able to demonstrate competency in performing physical rehabilitative patient care skills and interventions that assist patients in obtaining a state of optimal function. Interventions covered include: range of motion,

**PTH217 - Physiology of Exercise** 217-3 Physiology of Exercise. Students will be able describe fundamental physiological responses to exercise, focusing on therapeutic exercise and the neuromuscular system. Prerequisite: AH 241 or PHSL 201 and 208. Restricted to PTH majors.

**PTH220A - Neuro Ther Ex Theory** 220A-2 Neurologic Therapeutic Exercise Theory. Students will understand the principles of advanced therapeutic exercise for patients with neurologic dysfunction. Theories behind motor control, motor reflexes, motor learning, sensory integration, motor development, and utilization of synergies are covered. Students will be able to identify the need for adaptive equipment for individuals with neurologic dysfunction. Co-requisite: PTH 220B. Prerequisites: PTH 210A with a minimum grade of C and PTH 210B with a pass. Restricted to PTH majors.

**PTH220B - Neuro Ther Ex Application** 220B-1 Neurologic Therapeutic Exercise Application. Students will be able to demonstrate through supervised application, advanced therapeutic exercise interventions such as sensory integration, motor reflexes, motor development, and utilization of synergies for specific clinical neurological conditions. Co-requisite: PTH 220A. Prerequisites: PTH 210A with a minimum grade of C and PTH 210B with a pass. Restricted to PTH majors.

**PTH230A - Advanced Ther Exercise Theory** 230A-1 Advanced Therapeutic Exercise Theory. This course is a progression of PTH 210A designed to present advanced theoretical concepts related to therapeutic exercise. Students will apply neuroanatomy and therapeutic principles to the spine, peripheral joints, connective tissue, vestibular, sensotosensory and neuromuscular systems. Co-requisite: PTH 230B. Prerequisites: PTH 210A with a minimum grade of C and PTH 210B with a pass. Restricted to PTH majors.

**PTH230B - Advanced Ther Ex Application** 230B-1 Advanced Therapeutic Exercise Application. This course is a progression of PTH 210B designed to develop advanced competencies in therapeutic exercise. Students will perform techniques related to spinal stabilization, movement impairments, soft tissue and joint mobilization, muscle energy, proprioceptive neuromuscular facilitation, and proprioceptive/ vestibular systems. Co-requisite: PTH 230A. Prerequisites: PTH 210A with a minimum grade of C and PTH 210B with a pass. Restricted to PTH majors.

**PTH233A - Physical Agents II Theory** 233A-2 Physical Agents II Theory. Students will understand and describe the physiological effects, indications, and contraindications for electrotherapy, traction, and intermittent compression. Students will also explain the different theories and mechanics of pain. Co-requisite: PTH 233B. Prerequisites: PTH 123A with a minimum grade of C and PTH 123B with a pass. Restricted to PTH majors. $16 to cover expenses associated with equipment maintenance and accreditation.

**PTH233B - Physical Agents II Application** 233B-1 Physical Agents II Application. Students will be able to demonstrate the safe and effective application of: compression units, traction, electrical currents, electrical muscle stimulation, and electrotherapy for pain and healing functions. Students will administer standardized questionnaires, graphs, behavioral scales or visual analog scales for pain. Co-requisite: PTH 233A. Prerequisites: PTH 123A with a minimum grade of C and PTH 123B with a pass. Restricted to PTH majors. Lab fee: $30.

**PTH234 - Practicum II** 234-3 Physical Therapist Assistant Practicum II. Students will be able to perform the skills acquired in Practicum I as well as more complex interventions with selected patients. They will demonstrate skills in therapeutic exercise, application of physical agents, and record keeping. Course includes clinical experience. Prerequisites: PTH 107, 123A, 203, 204, 210A, and 212A with a minimum grade of C; PTH 123B, 210B, and 212B with a pass. $35 fee for online licensure practice examination.

**PTH299 - Independent Study** 299-1 to 14 Independent Study. Provides second-year students with the opportunity to develop a special program of study to fit a particular need not met by other offerings. Enrollment provides access to program and clinical resources. Each student will work under the supervision of a faculty or staff member. Restricted to PTH majors. Special approval needed from the instructor.
**PTH319 - Occupational Internship** 319-1 to 15 Occupational Internship. The students will be assigned to a University approved organization engaged in activities related to the student’s academic and career objectives. The student will provide duties/services as assigned by the program director or supervising faculty member. Reports and assignments are required to be completed by the student. Restricted to PTH majors. Special approval needed from the instructor.

**PTH321A - Clinical Internship** 321A-4 Physical Therapist Assistant Clinical Internship. Students will be able to apply previously learned theories and perform interventions of patient care through closely supervised internship experiences in two separate physical therapy facilities. First six week internship. Must be taken in A, B sequence. Corequisite: PTH 322. Prerequisites: PTH 220A, 230A, 233A, and 234 with a minimum grade of C; PTH 220B, 230B, and 233B with a pass. $23 to cover expenses associated with use of CPI Web for clinical evaluation.

**PTH321B - Clinical Internship** 321B-4 Clinical Internship. Students will be able to apply previously learned theories and perform interventions of patient care through closely supervised internship experiences in two separate physical therapy facilities. Second six-week internship. Must be taken in A, B sequence. Co-requisite: PTH 322. Prerequisites: PTH 321A with a minimum grade of C. Restricted to PTH majors. $23 to cover expenses associated with use of CPI Web for clinical evaluation.

**PTH322 - Seminar** 322-2 Physical Therapist Assistant Seminar. Students will be able to discuss with the program director or faculty member their internship patient care experiences and case study or presentation. Students will also evaluate their clinical internship experience as well as their academic preparation at SIU. Corequisites: PTH 321A and 321B. Prerequisites: PTH 220A, 230A, 233A, and 234 with a minimum grade of C; PTH 220B, 230B, and 233B with a pass.

**PTH350 - Technical Careers Subjects** 350-1 to 32 Technical Careers Subjects. Students will be given the opportunity to develop in-depth competency and skill development through the exploration of innovative techniques and procedures used in the health care professions through various workshops, special short courses, and seminars. This course may be classified as an Independent Study. Restricted to PTH majors. Special approval needed from the instructor.

**Physical Therapist Assistant Faculty**

Davis, Julie K., Associate Professor, M.S.P.T., Barry University, 1996.
Davis, Timothy S., Clinical Instructor, M.S., Indiana State University, 1996.
Osman, Eric, Clinical Instructor, MPT, Northwestern University, 1998.
Rogers, Janet, L., Professor, Emerita, Ph.D., Southern Illinois University Carbondale, 1995.

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Carbondale, IL 62901
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**Catalog Year Statement:**
Students starting their collegiate training during the period of time covered by this catalog (see bottom of this page) are subject to the curricular requirements as specified herein. The requirements herein will extend for a seven calendar-year period from the date of entry for baccalaureate programs and three years for associate programs. Should the University change the course requirements contained herein subsequently, students are assured that necessary adjustments will be made so that no additional time is required of them.