

Exercise Science

The School of Human Sciences offers programs, which qualify graduates for positions as teachers in elementary, middle/junior high, and secondary schools or for alternative careers in private, industrial, and public settings. Whatever the student's career aims may be, the programs provide a full range of intriguing and challenging professional opportunities in diversified curricula. The student can choose a discipline best suited to individual interests, talents, temperament, and future plans.

While studying new concepts, the student will observe the work of outstanding teachers, athletic coaches, and clinicians. Whichever direction is selected, the student will study and practice in modern facilities, with the latest equipment and will learn the most recent techniques.

Bachelor of Science (B.S.) in Exercise Science

This program is designed for students who are interested in the study of Exercise Science. Preparation in this program enables the graduate to assess the components of human performance in healthy and clinical populations. Graduates are prepared for careers in public and private health and wellness programs as well as clinical programs for the rehabilitation of cardiac, cancer and pulmonary patients. Graduates have a foundation for continued study in professional programs such as physical therapy, occupational therapy, physician assistant, medicine, chiropractic and podiatry as well as graduate studies in exercise science.

B.S. Exercise Science Degree Requirements

Degree Requirements	Credit Hours
University Core Curriculum Requirements	39
To include PSYC 102 and ZOOL 118 or ZOOL 115, HND 101, MATH 108, CHEM 140A.	1
Requirements for Major in Exercise Science	55
KIN 201, KIN 300, KIN 313, KIN 318, KIN 320, KIN 321, KIN 324, KIN 342, KIN 355F, KIN 381, KIN 382, KIN 408, KIN 420, KIN 421, KIN 428	44
Additional Requirements	11
CHEM 140B, PHSL 201, PHSL 208, QUAN 402	
Electives	25
Total	120

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Catalog Year Statement:

Students starting their collegiate training during the period of time covered by this catalog (see bottom of this page) are subject to the curricular requirements as specified herein. The requirements herein will extend for a seven calendar-year period from the date of entry for baccalaureate programs and three years for associate programs. Should the University change the course requirements contained herein subsequently, students are assured that necessary adjustments will be made so that no additional time is required of them.