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Rehabilitation Services

The mission of the baccalaureate program in Rehabilitation Services is to prepare students to work with people with disabilities in a variety of settings in a wide range of positions. Students will learn the knowledge and skills necessary to assist individuals with disabilities to obtain and maintain meaningful employment, to live as independently as possible, to participate to the fullest extent possible in their communities, and to assume control of their lives. Students who graduate from the program will be prepared to fill various roles including developmental training coordinator, independent living specialist, employment specialist, habilitation program coordinator, rehabilitation coordinator, addictions professional, community-based training instructor, case manager, job placement specialist, work adjustment specialist, residential service director, and job coach supervisor. They will be employed in settings such as vocational training programs, residential and day treatment programs, independent living centers, community rehabilitation programs and addiction treatment programs. Students also will be well prepared to enter a master’s degree program in rehabilitation or a related field.

Students majoring in Rehabilitation Services are required to complete 39 hours of University Core Curriculum courses, 48 hours in the major, and 33 hours of electives which are chosen by the student in conjunction with the advisor.

Students must maintain a 2.25 on a 4.0 scale overall and a 2.5 in major coursework to remain in the program and to graduate with a degree in Rehabilitation Services. Additionally, students must earn a C or better in all required Rehabilitation Services prefix courses.

Bachelor of Science (B.S.) in Rehabilitation Services Degree Requirements

Degree Requirements	Credit Hours
University Core Curriculum Requirements	39
To include PSYC 102.	
Requirements for Major in Rehabilitation Services	48
REHB 205, REHB 400, REHB 401, REHB 405, REHB 407, REHB 421, REHB 445B, REHB 445H, REHB 450, REHB 452, REHB 461, REHB 474, REHB 493, REHB 495 ¹	
Approved Electives	33
Suggestions include: CDS 301, CDS 385; PH 311, PH 410; PSYC 222, PSYC 301, PSYC 303, PSYC 304, PSYC 431; REC 303; REHB 419, REHB 445F, REHB 446, REHB 458, REHB 471, REHB 480; SOC 303, SOC 321; SPED 430	
Total	120

¹ REHB 205 is available for credit in the Human Health area of the University Core Curriculum

Rehabilitation Services Minor

A minor in Rehabilitation Services consists of 5 courses (15 hours). Three of those courses are required. They include REHB 205, REHB 401, and REHB 400. Additionally, students must take two of the following courses: REHB 407, REHB 452, one of REHB 445B, REHB 445E, REHB 445F, REHB 445H, or REHB 461. A GPA of at least 2.5 must be achieved in the rehabilitation courses required of the minor.

REHB 205 is available for credit in the Human Health area of the University Core Curriculum.

Substance Use and Behavioral Disorders Minor

The undergraduate minor in Substance Use and Behavioral Disorders is designed for all SIU students with an interest in gaining additional credentials. The minimum requirements for the minor are comprised of 15 credit hours of coursework. All 15 semester hours must be completed at SIU. Students obtaining a minor must maintain an average GPA of 2.0 or above in their required coursework.

Course Sequence: The course sequence follows the Illinois Model for Counselor Certification* which outlines counseling training standards and skills. For successful completion of the minor students must complete the following courses:

- REHB 461: Introduction to Substance Use Disorders and Behavioral Addictions
- REHB 471: Treatment, Recovery and Relapse Prevention
- REHB 458: Interventions for Substance Use Disorders and Behavioral Addictions in Special Populations
- REHB 466: Substance Use, Behavioral Addictions, and the Family

Elective: A 3 credit elective may be taken in any program as long as the course content for the elective is related to the minor (e.g. counseling, case management, criminal justice, public health, social work).

Students completing a minor in SUD and planning to obtain a CADC certificate in Illinois must also complete an 8-credit hour supervised internship.

*Note: Only those students interested in obtaining a CADC in Illinois by meeting ICB advanced training requirements are required to complete an 8-credit hour supervised internship in addition to the above coursework. Students interested in obtaining the CADC certificate as part of their minor must contact the coordinator of the Substance Use Disorder and Addictive Behaviors Certificate Program for additional information about the certificate and internship placements.

For more information contact: Rehabilitation Counseling, and Administration Program, health.sciences@siu.edu.

Capstone Option for Transfer Students

The SIU Capstone Option may be available to eligible students who have earned an associates degree or the equivalent. The Capstone Option reduces the University Core Curriculum requirements from 39 to 30 hours, therefore reducing the time to degree completion. See the Capstone Option section for more information on this option.

Rehabilitation Services Courses

REHB205 - Disability and Chronic Conditions (University Core Curriculum) This course focuses upon the common characteristics of physical, sensory, developmental, medical, and psychiatric disabilities. The course will discuss the definition and classification of each type of disability. Emphasized will be the diagnostic criteria and the biological, cognitive, behavioral, and social aspects of each particular disorder as they occur over the lifespan. Credit Hours: 3

REHB205H - Disability and Chronic Disorders (University Honors Program) (University Core Curriculum) This course focuses upon the common characteristics of physical, sensory, developmental, medical, and psychiatric disabilities. The course will discuss the definition and classification of each type of disability. Emphasized will be the diagnostic criteria and the biological, cognitive, behavioral, and social aspects of each particular disorder as they occur over the lifespan. Open to undergraduates. Available for Honors credit by special arrangement. Credit Hours: 3

REHB400 - Introduction to Rehabilitation An introduction to the broad field of rehabilitation, to include the processes (services), facilities and personnel involved. Credit Hours: 3

REHB401 - Disability, Diversity and Society This course will address the relationship between prevailing societal attitudes and environmental designs and the opportunity of persons with disabilities to participate fully in society. It will examine the physical, mental, gender and cultural characteristics of persons with disabilities as determinants of their needs, values, aspiration and opportunities. How public policies can promote or limit inclusion and equal opportunities for persons with disabilities will also be addressed. Credit Hours: 3

REHB401H - Disability, Diversity and Society (University Honors Program) Open to undergraduates. Available for Honors credit by special arrangement. Credit Hours: 3

REHB405 - Introduction to Aging and Rehabilitation (Same as GRON 405) Introduction to the field of aging, including social, political, economic and legal issues pertinent to an aging society and rehabilitation. Credit Hours: 3

REHB407 - Basic Practices in Rehabilitation Provides students with the basic pragmatic knowledge and skill base necessary for effective day-to-day practice in entry-level rehabilitation positions. The material will include but is not limited to: the team process and being an effective team-member; clinical interviewing and relationship building skills; active communication; rights and advocacy, ethics and ethical decision-making; intervention and psychotherapy models; psychopharmacology; and record-keeping and information management. Not for graduate credit. Credit Hours: 3

REHB421 - Introduction to Career Counseling and Employment Services Relates the psychosocial meaning of work, process of vocational development, theories of occupational choice and labor market trends to current and innovative methods of job development, selective placement and follow-up with individuals with disability. Special approval needed from the instructor. Credit Hours: 3

REHB445B - Psychiatric Rehabilitation This course will explore the history, philosophy, practice, current trends, and issues of psychiatric rehabilitation. Rehabilitation services that (A) develop an individual's skills and (B) provide environmental support for people with chronic mental illness will be examined. Emphasis will be placed on reaching vocational goals and optimal independent functioning for people with psychiatric disabilities. Special approval needed from the instructor. Credit Hours: 3

REHB445H - Rehabilitation Counseling with Special Populations Procedures and programs pertinent to the care and treatment of special populations. Three semester credits will ordinarily be granted for each unit. Special approval needed from the instructor. Credit Hours: 3

REHB450 - Assistive Technology This course reviews applications of assistive technology (AT) used by people with disabilities. The course covers various types of AT ranging from low to high technology. Additionally, the course explores devices that are commercially available and those that are customized. Strategies for modifying tasks rather than using technology are reviewed. Credit Hours: 3

REHB452 - Individual Service Planning This course provides students with skills to develop individual service plans for individuals being served in community rehabilitation programs. Topics covered include person-centered assessment, functional community based training, and written treatment plans. Prerequisites: REHB 205, REHB 400, REHB 445B or REHB 445H with grades of C or better. Credit Hours: 3

REHB458 - Substance Use Disorders Interventions for Special Populations This course provides a broad understanding of issues and trends in substance use disorder and behavioral addiction within a multicultural society. This course focuses on interventions that reflect the culture specific values and treatment needs of diverse clientele across the lifespan. Topics including the sociocultural challenges,

intersectionality of identities, and cultural competency will be covered. Prerequisite: REHB 461 with a grade of B or better. Credit Hours: 3

REHB461 - Introduction to Substance Use Disorders and Behavioral Addictions Introduction to the field of substance use and behavioral addictions counseling with an overview of foundation topics underlying professional practice. This course will focus primarily on substance use and behavioral addiction models, medical and psychological consequences, drug classification systems, legislation, and other clinical and public policy issues that may be relevant to the field. Credit Hours: 3

REHB466 - Advanced Treatment, Recovery and Relapse Prevention This course builds on knowledge and skills gained in REHB 471 to include advanced case management, diagnosis, and testing and treatment techniques for youth, adults and families. The course includes a focus on co-occurring disorders, the practice of group work, crisis counseling; treatment settings, and pharmacological treatment. Prerequisite: CARE 471. Credit Hours: 3

REHB474 - Introduction to Staff Supervision This course provides an introduction to the skills necessary to supervise staff in rehabilitation settings. Students will receive training and practice in using management styles, time management, delegation, disciplining, coaching, behavioral supervision, goal-setting, performance evaluation, giving feedback, keeping documentation, listening, conflict resolution and facilitating meetings. Not for graduate credit. Prerequisite: REHB 400. Credit Hours: 3

REHB493 - Applied Research in Professional Rehabilitation Practice This course will provide students with the skills necessary to act as critical consumers of rehabilitation-related research. It will also provide students with the analytical skills necessary to apply the logic of research methodology to their work in implementing evidence based practices with consumers. Emphasis will be on developing student capacity to complete focused, topical reviews of the rehabilitation literature, effectively evaluate research methodology and practices and determine appropriateness of new approaches for application in the field. Prerequisites: REHB 205, REHB 407 with grades of C or better. Credit Hours: 3

REHB495 - Internship in Rehabilitation Supervised field experience in an agency or organization providing rehabilitation services. Not for graduate credit. Prerequisite: satisfactory completion of all other required undergraduate Rehabilitation courses, and minimum GPA of 2.5 in required Rehabilitation courses. P/F grading. Credit Hours: 3-12

Rehabilitation Services Faculty

Lewis, Terri A., Assistant Professor of Practice, Ph.D., Southern Illinois University Carbondale, 2012.

Nichols, Jane L., Assistant Professor, Ph.D., Michigan State University, 2007; 2012. Rehabilitation counseling, challenges in communication, decision making, and addictive behaviors.

Taylor, Kathy J., Assistant Professor of Practice, Ph.D., Southern Illinois University Carbondale, 2013.

Upton, Thomas D., Professor, Ph.D., University of Iowa, 2000; 2000. Rehabilitation counseling, advances in rehabilitation, persons with brain injury, disability attitudes, and postsecondary educational accommodations.

Emeriti Faculty

Austin, Gary, Professor, Emeritus, Ph.D., Northwestern University, 1973.

Benshoff, John J., Professor, Emeritus, Ph.D., University of Northern Colorado, 1988.

Bordieri, James E., Professor, Emeritus, Ph.D., Illinois Institute of Technology, 1980.

Crimando, William, Professor, Emeritus, Ph.D., Michigan State University, 1980.

Falvo, Donna R., Professor, Emerita, Ph.D., Southern Illinois University, 1978.

Flowers, Carl R., Professor, Emeritus, Ph.D., Southern Illinois University Carbondale, 1993.

Koch, D. Shane, Professor, Emeritus, Ph.D., Southern Illinois University Carbondale, 1999.

Taylor, Darrell, Associate Professor, Emeritus, Ph.D., University of South Florida, 1992.

Wright, W. Russell, Associate Professor, Emeritus, Ph.D., Southern Illinois University, 1974.

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Catalog Year Statement:

Students starting their collegiate training during the period of time covered by this catalog (see bottom of this page) are subject to the curricular requirements as specified herein. The requirements herein will extend for a seven calendar-year period from the date of entry for baccalaureate programs and three years for associate programs. Should the University change the course requirements contained herein subsequently, students are assured that necessary adjustments will be made so that no additional time is required of them.